FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     O'Leary Daniel James				Hos	2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [ TWNK ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director 10% Owner					
(Last)	(First)	(Middle)				3. Date of Earliest Transaction (Month/Day/Year) 01/24/2023									Officer (g below)		Other (specify below)		
C/O HOSTESS BRANDS, INC. 7905 QUIVIRA ROAD				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) LENEXA	KS	66215											X	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zi	0)																
		Та	ble I - Nor	า-Der	ivativ	e Se	curitie	s Acqı	uired, [	Disp	osed of,	or E	Benefic	ially Ow	/ned				
Date				e Execution onth/Day/Year) if any		2A. Deemed Execution Date, if any (Month/Day/Year)	Date,	3. Transaction Code (Instr. 8)					5. Amount Securities Beneficially Following	y Owned Reported	6. Owner Form: Di or Indire (Instr. 4)	rect (D) ct (I)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Class A Common Stock, par value \$0.0001 per share <sup>(1)</sup>				/24/2023				F		1,847	,	D	\$21.81	11,731		Г	)		
Restricted Stock Units <sup>(2)</sup>															38,7	,789		)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Derivative Conversion Date Execution Security (Instr. 3) or Exercise (Month/Day/Year) if any			3A. Deemed Execution Da if any (Month/Day/	ate, Transaction Code (Instr.			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable ar Expiration Date (Month/Day/Year)		te	nd 7. Title and Amo Securities Under Derivative Secur (Instr. 3 and 4)		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	e Ov s Fo lly Di or (I)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Fundament Par					Code	ode V (A) (D)		Date Exercisa		Expiration or N		Amount or Number of Shares	Transacti (Instr. 4)		on(s)				

## Explanation of Responses

1. On January 24, 2023, the Company withheld 1,847 shares of Class A Common Stock to satisfy withholding taxes due in connection with the vesting of shares of Class A common stock underlying an award of restricted stock units previously granted to the reporting person. Such shares had a market value of \$21.81 per share, the closing price of the Class A common stock on January 20, 2023, the last trading date prior to vesting.

2. Consists of previously disclosed restricted stock units that remained subject to time-based vesting criteria.

## Remarks:

Executive Vice President, Chief Growth Officer

/s/ Jolyn J. Sebree, Attorney-in-Fact 01/26/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.