FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* O'Leary Daniel James					Hos	2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) C/O HOSTESS	(First)	,					3. Date of Earliest Transaction (Month/Day/Year) 01/17/2023									ve title Other (below) See Remarks		specify	
7905 QUIVIRA ROAD				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								- 1	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) LENEXA	KS	66	215											X		,	•	ne Reportin	g Person
(City)	(State)	(Zi _l	o)																
		Та	ble I - Nor	n-Deri	ivativ	e Se	curitie	s Acqı	uired, l	Disp	osed of,	or E	Benefi	ially Ov	vned				
Date						2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Restricted Stock Units ⁽¹⁾ 01/1				17/2023				A		13,112		Α	\$ <mark>0</mark>	13,112			D		
Restricted Stock Units ⁽²⁾															29,399		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	Execution Date, if any		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Dat (Month/Day/Ye		e Securities Ur		rities Un ative Se	derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(e de s li liy li	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Explanation of Re					Code	v	(A) (D)				Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	Oii(S)		

- 1. Consists of a grant of restricted stock units. Each restricted stock unit represents the right to receive, upon vesting, one share of Class A Common Stock. These restricted stock units will vest in equal or nearly equal installments on January 17 of each 2024, 2025, and 2026, assuming continued employment through the applicable vesting date.
- 2. Consists of previously disclosed restricted stock units that remained subject to time-based vesting criteria.

Remarks:

Executive Vice President, Chief Growth Officer

/s/ Jolyn J. Sebree, Attorney-in-01/19/2023 <u>Fact</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.