### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person * Kalal John Lewis				2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) C/O HOSTESS BRANDS, INC., 7905 QUIVIRA ROAD				3. Date of Earliest Transaction (Month/Day/Year) 01/13/2022								X Officer (give title below) Other (specify below) See Remarks						
(Street) LENEXA, KS 66215				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						s Acqui	uired, Disposed of, or Beneficially Owned							
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year		f Code (Instr. 8)					of (D)			Following	6. Ownership Form: Direct (D)	of l Bei	7. Nature of Indirect Beneficial Ownership		
						C	ode	V	Amoun	(A) or (D)	Price		(		or Indirection (I) (Instr. 4)	str. 4) (Instr. 4)		
Class A Common Stock, par value \$0.0001 per share (1)			01/13/2022			1	A		18,198	8 A	\$ 0	22,263		D	D			
Class A Common Stock, par value \$0.0001 per share		01/18/2022				F	(2)		8,460	D	\$ 19.83	3 13,803			D			
Class A Common Stock, par value \$0.0001 per share			01/18/2022			F	(3)		1,153	D	\$ 20.22	14,925	925		D			
Restricted Stock Units (4)												13,848			D			
Reminder:	Report on a s	separate line fo	or each class of secur	rities be	eneficia	lly o	wned	direct	ly or	indirectl	y.							
									cont	tained i	n this fo	rm are	not requ		formation spond unle trol numbe	ess	C 147	4 (9-02)
			Table II - I	Deriva	itive Se	curit ls, w	ies Ac arran	equire ts, op	ed, Di	isposed	of, or Ber tible secu	neficial ırities)	ly Owned					
1. Title of Derivative Security (Instr. 3)  Conversio or Exercis Price of Derivative Security		3. Transaction Date (Month/Day/	3A. Deemed Execution Da any	4. Transaction Code (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ti Amo Undo Secu	ttle and bunt of erlying urities r. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owner Form of Deriva Securi Direct or Indi	ship of tive ty: (D) rect	11. Natur of Indirec Beneficia Ownershi (Instr. 4)		
					Code	V	(A)	(D)	Date	e rcisable	Expiratio Date	on Title	Amount or Number of Shares					

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Kalal John Lewis C/O HOSTESS BRANDS, INC. 7905 QUIVIRA ROAD LENEXA, KS 66215			See Remarks				

#### **Signatures**

/s/ Jolyn J. Sebree, Attorney-in-Fact	01/18/2022		
Signature of Reporting Person	Date		

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares acquired by the reporting person upon the achievement of performance measures under performance share units ("PSUs") granted under Hostess Brands, Inc.'s 2016 Equity Incentive Plan.
- On January 18, 2022, Hostess Brands, Inc. (the "Company") withheld 8,460 shares of Class A common stock to satisfy withholding taxes due in connection with the vesting (2) of the PSUs referred to above. Such shares had a market value of \$19.83 per share, the closing price of the Class A common stock on January 13, 2022, the date the Company's Talent & Compensation Committee certified the performance results.
- On January 18, 2022, the Company withheld 1,153 shares of Class A common stock to satisfy withholding taxes due in connection with the vesting of one-third of the shares (3) of Class A common stock underlying an award of restricted stock units previously granted to the reporting person. Such shares had a market value of \$20.22 per share, the closing price of the Class A common stock on January 11, 2022, the vesting date.
- (4) Consists of previously disclosed restricted stock units that remained subject to time-based vesting criteria.

#### Remarks:

Senior Vice President & Chief Supply Chain Officer

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.