## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(11mt of Ty	pe Kesponse	5)															
Name and Address of Reporting Person *  Cramer Michael John					2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
(Last) (First) (Middle) C/O HOSTESS BRANDS, INC., 7905 QUIVIRA ROAD					3. Date of Earliest Transaction (Month/Day/Year) 01/26/2022					X Officer (give title below) Other (specify below)  See Remarks							
(Street) LENEXA, KS 66215				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqu						lired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execu any	eemed tion Date, if h/Day/Year)		ction	4. Securi (A) or D (Instr. 3,	isposed	of (D)	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Owner Form: Director India	ership : t (D)	7. Nat Indired Benef Owner (Instr.	ct icial rship		
						Code	V	Amount	or (D)	Price				(I) (Instr.		(msu.	7)
Class A Common Stock, par value \$0.0001 per share		01/26/2022			F <sup>(1)</sup>		844	D	\$ 19.41	73,408		D					
Restricted Stock Units (2)										13,786		D					
Class A Common Stock, par value \$0.0001 per share										3,000		I			ridual ement ount		
Reminder:	Report on a s	separate line	for each class of sec	urities b	eneficially o	wned dire	Pe	rsons wh	no resp n this	form a	re not requ	ction of inf uired to res OMB cont	spond u	nless	SE	C 147	4 (9-02)
			Table II		ative Securi												
Derivative Conversion Date		3. Transacti Date (Month/Day	Transaction 3A. Deemed Execution De onth/Day/Year) any				6. an (M	5. Date Exercisable and Expiration Date Month/Day/Year)		7. An Un Sec	Title and count of derlying urities str. 3 and S. Price of Derivative Security (Instr. 5)		Derivative Securities Feneficially Cowned Sollowing Reported or Transaction(s)		10. Owne Form Deriva Securi Direct or Ind (I) (Instr.	rship of ative ity: (D) irect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code V	(A) (D		ate tercisable	Expira Date	tion Tit	Amount or Number of Shares						

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Cramer Michael John C/O HOSTESS BRANDS, INC. 7905 QUIVIRA ROAD LENEXA, KS 66215			See Remarks				

#### **Signatures**

/s/ Jolyn J. Sebree, Attorney-in-Fact	01/26/2022	
**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On January 26, 2022, the Company withheld 844 shares of Class A common stock to satisfy withholding taxes due in connection with the vesting of one-third of the shares (1) of Class A common stock underlying an award of restricted stock units previously granted to the reporting person. Such shares had a market value of \$19.41 per share, the closing price of the Class A common stock on January 21, 2022, the vesting date.
- (2) Consists of previously disclosed restricted stock units that remained subject to time-based vesting criteria.

#### Remarks:

Executive Vice President, Chief Administrative Officer and Assistant Secretary

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.