FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPE | ROVAL |
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| OMB Number: | 3235-0287 |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1 Name at | | * | | | | | | | _ | | | 5 D. | .1 1 | C D 4 | D(-) | 4- I | | |
|---|---|---|---|--|-------------------|--|--|--|--|--|--|--|--------------------------------------|---------------------------------|---|--|--------------------------------------|--|
| Name and Address of Reporting Person – Riley Darryl Patrick | | | | 2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | | | |
| | 1 | (First) ANDS, INC., 1 EVARD | | 3. Date of 01/11/2 | | | nsactio | on (Mon | th/Day | Year) | | X Officer (give title below) Other (specify below) See Remarks | | | elow) | | | |
| (Street) KANSAS CITY, MO 64111 | | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person | | | | | | | |
| (Cit | | (State) | (Zip) | Table I - Non-Derivative Securities Acq | | | | | uired, Disposed of, or Beneficially Owned | | | | | | | | | |
| (Instr. 3) Date | | 2. Transaction Date (Month/Day/Year | 2A. Deeme Execution any (Month/Da | | Date, if | (Instr. 8) | | 4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5) | | of (D) | Own Tran | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | | | 6. Ownershi Form: Direct (D | of Indire Benefici | 7. Nature of Indirect Beneficial | |
| | | | | (WIOIII | п/Дау | y rear) | Code | e V | Amo | ount (A) o | | or Indirect (I) | | | | | | |
| Restricte | d Stock U | nits (1) | 01/11/2019 | | | | A | | 6,82 | 24 A | \$ 0 | 6,82 | 24 | | | D | | |
| Restricte | d Stock U | nits (2) | | | | | | | | | | 12,4 | 173 | | | D | | |
| | Common S per share | Stock, par value | | | | | | | | | | 12,095 | | | D | | | |
| | | | | | | | | | | | | | | | | | | |
| Reminder: | Report on a s | separate line for each | | | | | | Pers in th disp | ons w is fori lays a | n are not currently | require valid (| ed to i | respond control r | unless th | tion contai e form | ned SE | C 1474 (9- | -02) |
| Reminder: | Report on a s | separate line for each | a class of securities | · Derivat | ive S | ecurities | s Acqu | Pers in th disp | ons wis fori | n are not currently | require valid (| ed to i | respond control r | unless th | | ned SE | C 1474 (9- | -02) |
| 1. Title of | 2. Conversion | 3. Transaction Date | | Derivat (e.g., pu 4. Transac Code | ive Sotts, ca | ecurities | s Acquerants, oper attive les d (A) ssed | Pers in th disp nired, Di options | is fori lays a isposed conve | n are not currently of, or Be retible secuable and | require valid (neficially rities) 7. Tittof Un Secur | y Own | respond control r ed Amount | unless th number. | 9. Number Derivative Securities Beneficiall Owned Following Reported Transaction | of 10. Owne Form Deriva Securi Direct or Ind | rship of In Bendutive (Inst. (Inst.) | Natur ndire neficia |
| 1. Title of Derivative Security | 2. Conversion or Exercise Price of Derivative | 3. Transaction Date | Table II - 3A. Deemed Execution Date, if any | Derivat (e.g., pu 4. Transac Code | ive Sotts, ca | ecurities alls, war 5. Numb of Deriv Securitie Acquire or Dispo of (D) (Instr. 3 | s Acquerants, oper control of the co | Persin the disposition of the di | is formal lays a disposed convergence of the conver | n are not currently of, or Be retible secuable and | require valid (neficially rities) 7. Tittof Un Secur | y Own | respond control r ed Amount | 8. Price of Derivative Security | 9. Number Derivative Securities Beneficiall Owned Following Reported | of 10. Owne Form y Deriva Securi Direct or Ind | rship of In Bendutive (Inst. (Inst.) | Natur ndirection |
| 1. Title of Derivative Security | 2. Conversion or Exercise Price of Derivative | 3. Transaction Date | Table II - 3A. Deemed Execution Date, if any | Derivat (e.g., pu 4. Transac Code (Instr. 8 | tive Solution (S) | ecurities alls, war 5. Numb of Deriv Securiti Acquire or Dispo of (D) (Instr. 3 and 5) | Acquarants, Acquar | Persin the dispositived, Dispositived, Dispositived, Dispositive (Month) | ons wis formulays a disposed of convergence on Data Day/Y | of, or Bertible sectible and earr) | require valid (reficially rities) 7. Tit of Un Secur (Instr. Title Class Com | y Own le and aderlying titles 3 and sss A | Amount or Number of | 8. Price of Derivative Security | 9. Number Derivative Securities Beneficiall Owned Following Reported Transaction | of 10. Owne Form Derive Securi Direct or Ind (I) (Instr. | rship of In Bench Own (Inst | Natur ndirec neficia nersh str. 4) |

Reporting Owners

| | Relationships | | | | |
|--|---------------|--------------|-------------|-------|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | |
| Riley Darryl Patrick C/O HOSTESS BRANDS, INC. 1 EAST ARMOUR BOULEVARD KANSAS CITY, MO 64111 | | | See Remarks | | |

Signatures

| /s/ Jolyn J. Sebree, Attorney-in-Fact | 01/15/2019 |
|---------------------------------------|------------|
| Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of a grant of restricted stock units. Each restricted stock unit represents the right to receive, upon vesting, one share of Class A Common Stock. These restricted stock units will vest in equal or nearly equal installments on January 11 of each of 2020, 2021 and 2022, assuming continued employment through the applicable vesting date.
- (2) Consists of previously disclosed restricted stock units that remain subject to time-based vesting criteria.
- (3) Consists of a grant of options to purchase shares of Class A Common Stock. Such options are subject to vesting in equal or nearly equal installments on January 11 of each of 2020, 2021, and 2022, assuming continued employment through the applicable vesting date.
- (4) Consists of a grant of previously disclosed options to purchase shares of Class A Common Stock. Such options are subject to vesting in equal or nearly equal installments on November 4 of each of 2017, 2018, 2019 and 2020, assuming continued employment through the applicable vesting date.

Remarks:

Senior Vice President, Quality/Food Safety and R&D

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.