FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Poretti Adrian				Hos	Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK] Date of Earliest Transaction (Month/Day/Year)									5. Relationship of Reporting Pe (Check all applicable) Director			10% Owner		
(Last)	(First)	,	ddle)			10/03/2022								X	Officer (g below)		Other (specify below) Remarks		pecify
C/O HOSTESS BRANDS, INC.																See R	ешагк	.S	
7905 QUIVIRA ROAD				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								- 1	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street)														X		•	•	ig Person ne Reportin	g Person
LENEXA	KS	66	215																
(City)	(State)	(Zi _l	o)																
		Та	ble I - Nor	n-Der	rivativ	e Se	curitie	s Acq	uired, l	Disp	osed of,	or E	3enefi	cially Ov	vned				
1. Title of Security (Instr. 3) 2. Trans Date (Month/				Exec n/Day/Year) if any		Execution if any	A. Deemed Execution Date, fany Month/Day/Year)		Transaction Dispose Code (Instr.			quired (A) (Instr. 3	a) or 4 and 5)	5. Amount Securities Beneficiall Following	y Owned Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Class A Common Stock, par value \$0.0001 per share ⁽¹⁾				/03/2022				A		8,404		A	\$0	8,404			D		
Class A Common Stock, par value \$0.0001 per share ⁽²⁾)/03/2022				A	16,80		9	A	\$0	25,213			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, (Instr. 3) or Exercise (Month/Day/Year) if any			Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Dat (Month/Day/Ye		e Secui			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	Code V (A) (D)		Exercisable Date					of Shares								

Explanation of Responses:

- 1. In connection with the reporting person's hiring as Senior Vice President, Chief Supply Chain Officer of Hostess Brands, Inc. (the "Company"), the Company has granted two awards of restricted stock units to the reporting person. Each restricted stock unit represents the right to receive, upon vesting one share of Class A Common Stock. This award will vest over three years in equal or nearly equal installments on October 3 of each of 2023, 2024, and 2025, assuming continued employment through the applicable vesting date.
- 2. The second restricted stock unit award was a sign-on equity award with a two-year vesting period. These restricted stock units will vest in equal or nearly equal installments on October 3, of each 2023 and 2024, assuming continued employment through such vesting date.

Remarks:

Senior Vice President, Chief Supply Chain Officer

/s/ Jolyn J. Sebree, Attorney-in-Fact 10/05/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.