FORM 4

# **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     O'Leary Daniel James			2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [ TWNK ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/05/2023	X	Officer (give title below)  See Rem	Other (specify below)				
7905 QUIVIRA F (Street) LENEXA	ROAD	66215	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individ	dual or Joint/Group Filing Form filed by One Rep Form filed by More tha	` ' '				
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Class A Common Stock, par value \$0.0001 per share <sup>(1)</sup>	06/05/2023		D		1,901	D	\$26.24	14,120	D	
Class A Common Stock, par value \$0.0001 per share <sup>(2)</sup>	06/05/2023		D		4,277	D	\$26.24	19,496	D	
Restricted Stock Units <sup>(3)</sup>								24,846	D	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		Derivative Ex		Expiration Day/\(\)	Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported	Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

## Explanation of Responses:

1. On June 5, 2023, the Company withheld 1,901 shares of Class A common stock to satisfy withholding taxes due in connection with the vesting of 4,290 shares of Class A common stock underlying an award of restricted stock units previously granted to the reporting person. Such shares had a market value of \$26.24 per share, the closing price of the Class A common stock on June 2, 2023, the vesting date.

#### Remarks

Executive Vice President, Chief Growth Officer

/s/ Jolyn J Sebree, Attorney-in-

Fact

\*\* Signature of Reporting Person

06/07/2023 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>2.</sup> On June 5, 2023, the Company withheld 4,277 shares of Class A common stock to satisfy withholding taxes due in connection with the vesting of 9,653 shares of Class A common stock underlying an award of restricted stock units previously granted to the reporting person. Such shares had a market value of \$26.24 per share, the closing price of the Class A common stock on June 2, 2023, the vesting date.

<sup>3.</sup> Consists of previously disclosed restricted stock units that remained subject to time-based vesting criteria.