FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

\sim	AP	ᇚ	A١	/ N I

OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Kaminski Jerry D			2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/06/2023	Officer (give title Other (specify below) below)					
C/O HOSTESS BRANDS, INC. 7905 QUIVIRA ROAD (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
LENEXA	KS	66215	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contra	act instruction or written plan that is intended to satisfy the					
(City)	(State)	(Zip)	affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.	.,,					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ZA. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	Form: Direct (D)	Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Class A Common Stock, par value \$0.0001 per share ⁽¹⁾	06/06/2023		A		5,210	A	\$0	48,258	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

- 1	1. Title of	2.	3. Transaction	3A. Deemed							7. Title and Amount of				10.	11. Nature	ı
- 1	Derivative	Conversion	Date	Execution Date,	Transaction		Derivative		Expiration Date		Securities Underlying		Derivative	derivative	Ownership	of Indirect	L
- 1	Security (Instr. 3)	or Exercise	(Month/Day/Year)	if any	Code (Instr.		Securities		(Month/Day/Year)		Derivative Security		Security	Securities	Form:	Beneficial	L
- 1		Price of		(Month/Day/Year)	8)		Acquired (A)				(Instr. 3 and 4)		(Instr. 5)	Beneficially	Direct (D)	Ownership	L
- 1		Derivative		`			or Disposed of		sed of		1.		`	Owned	or Indirect	(Instr. 4)	L
- 1		Security			(D) (Instr. 3, 4		D) (Instr. 3. 4					Following	(I) (Instr. 4)	[` ' '	L		
- 1					and 5)		·				l .	Reported	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		L		
- 1					uu 5)						Transaction(s)			L			
- 1						l						Amount		(Instr. 4)			L
- 1						l						or		(111501.4)			1
- 1						l			Date	Expiration		Number					L
- 1					Code	l۷	(A)	(D)	Exercisable	Date	Title	of Shares					L
L					Code		(~)	(6)	LACICISADIC	Date	''''	oi Silales					1

Explanation of Responses:

1. Consists of a grant of restricted stock units. Each restricted stock unit represents the right to receive one share of Class A common stock of Hostess Brands, Inc. (the "Company"). These restricted stock units will vest upon the first to occur of (i) the 2024 Annual Stockholders Meeting, (ii) 15 months after the date of grant, (iii) the death or disability of the director, or (iv) a change of control of the Company, in each case, subject to continued service until such vesting date, and shall be settled upon the director's termination of Board service or if earlier, a change of control of the Company.

Remarks:

/s/ Jolyn J Sebree, Attorney-in-Fact 06/08/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.