| FORM | 4 |
|------|---|
|------|---|

| Check this box if no | ,  |
|----------------------|----|
| longer subject to    |    |
| Section 16. Form 4   | or |
| Form 5 obligations   |    |
| may continue. See    |    |
| Instruction 1(b).    |    |

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses)                                     |   | -  |                    |  |  |   |   |  |   |  |
|---|---|--|--------------------|--|--|---|---|--|---|--|
| 1. Name and Address of Reporting Pe<br>Jacobs Andrew Wilson   | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br>Hostess Brands, Inc. [TWNK] |  |                    |  |  |   | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>Director 10% Owner  |  |   |  |
| (Last) (First)<br>C/O HOSTESS BRANDS, ING<br>ARMOUR BOULEVARD | (Middle)<br>C., 1 E   | 3. Date of Earliest Transaction (Month/Day/Year)<br>08/10/2018                   |                    |  |  |   | XOfficer (give title below)         Other (specify below)           See Remarks   |  |   |  |
| (Street)<br>KANSAS CITY, MO 64111                             | 4. If Amendment, Date Original Filed(Month/Day/Year)                              |  |                    |  |  |   | 6. Individual or Joint/Group Filing(Check Applicable Line)<br>_X_Form filed by One Reporting Person<br>Form filed by More than One Reporting Person |  |   |  |
| (City) (State)  | (Zip)   | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |                    |  |  |   |   |  |   |  |
| 1.Title of Security<br>(Instr. 3)                             | Date<br>(Month/Day/Year)  | Execution Date, if   | Code<br>(Instr. 8) |  | (A) or Disposed of (D)<br>(Instr. 3, 4 and 5)<br>(A)<br>or |   | l of (D)  | 5. Amount of Securities<br>Beneficially Owned Following<br>Reported Transaction(s)<br>(Instr. 3 and 4)<br>5. Amount of Securities<br>(Instr. 3 and 4)<br>5. Amount of Securities<br>Form: Beneficially Ownership<br>Form: Beneficially Ownership<br>Direct (D)<br>or Indirect<br>(I)<br>(Instr. 4) |   |  |
| Class A Common Stock, par value \$0.0001 per share            | 08/10/2018  |  | Р                  |  | 8,275  | A | \$<br>12.15   | 27,209   | D |  |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

|          | (e.g., puts, calls, warrants, options, convertible securities) |  |                                  |                          |    |                            |                               |   |                               |                                 |  |                                      |  |   |            |
|----------|--|--|----------------------------------|--------------------------|----|----------------------------|-------------------------------|---|-------------------------------|---------------------------------|--|--------------------------------------|--|---|------------|
| Security | Conversion   | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if | 4.<br>Transactio<br>Code | on | 5.                         | ber<br>ative<br>ities<br>ired | 6. Date Exer<br>and Expiration<br>(Month/Day) | rcisable<br>on Date<br>/Year) | 7. Tit<br>Amou<br>Unde<br>Secur | unt of<br>rlying                       | Derivative<br>Security<br>(Instr. 5) | Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s) | Ownership<br>Form of<br>Derivative<br>Security:<br>Direct (D)<br>or Indirect<br>(I) | Beneficial |
|          |  |  |                                  |                          |    | of (D)<br>(Instr<br>4, and | . 3,                          |   |                               |                                 |  |                                      | (Instr. 4)   | (Instr. 4)  |            |
|          |  |  |                                  | Code                     | V  | (A)                        |                               | Date<br>Exercisable                           | Expiration<br>Date            | Title                           | Amount<br>or<br>Number<br>of<br>Shares |                                      |  |   |            |

# **Reporting Owners**

|   | Relationships |              |             |       |  |  |  |  |
|---|---------------|--------------|-------------|-------|--|--|--|--|
| Reporting Owner Name / Address  | Director      | 10%<br>Owner | Officer     | Other |  |  |  |  |
| Jacobs Andrew Wilson<br>C/O HOSTESS BRANDS, INC.<br>1 E ARMOUR BOULEVARD<br>KANSAS CITY, MO 64111 |               |              | See Remarks |       |  |  |  |  |

# Signatures

| /s/ Jolyn Sebree, Attorney-in-Fact | 08/14/2018 |
|------------------------------------|------------|
| **Signature of Reporting Person    | Date       |

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

#### **Remarks:**

Executive Vice President, Chief Operating Officer

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.