## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																		
1. Name and Address of Reporting Person * Cramer Michael John					2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner							
(Last) (First) (Middle) C/O HOSTESS BRANDS, INC., 1 EAST ARMOUR BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 11/07/2018								X Officer (give title below) Other (specify below)  See Remarks							
(Street)				4. I	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person							
KANSAS CITY, MO 64111 (City) (State) (Zip)					Table I - Non-Derivative Securities Acqui							qui	ired, Disposed of, or Beneficially Owned							
(Instr. 3) Date		2. Transaction Date (Month/Day/Ye	Exectany			Code (Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)			of (D)	(D) Beneficial Reported		nt of Securities Ily Owned Following Transaction(s)		6. Ownership Form:		Indire Benef	icial	
				(Mon	th/Day/Y	ear)	Coc	le	v	Amount	(A) or (D)	Price		(Instr. 3 and 4)					Ownership (Instr. 4)	
	Common S 0001 per s		11/07/2018				F <sup>(1</sup>	D)		4,059	D	\$ 10.8	8 3	37,018	018		D			
	Common S 0001 per s												3	3,000			I			vidual rement ount
Restricte	d Stock U1	nits (2)											2	23,034			D			
Reminder:	Report on a s	separate line	for each class of s	ecurities	beneficia	lly o	wned o		Per cor	rsons wh ntained i	no resp	form a	are	not requ	ction of inf uired to res OMB cont	pond u	nless	SE	C 1474	4 (9-02)
			Table							Disposed is, conver				ly Owned						
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security		3. Transactic Date (Month/Day	Executio any	3A. Deemed Execution Date, if		4. 5. Number of		ative ities ired rosed ) . 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7 A U S (1	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ve es ally ng d ion(s)	10. Owne Form Deriv Secur Direct or Ind (I) (Instr.	rship of ative ity: t (D) irect	11. Nature of Indirec Beneficial Ownershi (Instr. 4)	
					Code	V	(A)	(D)	Da Ex	te ercisable	Expira Date	tion T	Title	Amount or Number of Shares						

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Cramer Michael John C/O HOSTESS BRANDS, INC. 1 EAST ARMOUR BOULEVARD KANSAS CITY, MO 64111			See Remarks				

#### **Signatures**

/s/ Jolyn J. Sebree, Attorney-in-Fact	11/09/2018			
**Signature of Reporting Person	Date			

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On November 7, 2018, Hostess Brands, Inc. withheld 4,059 shares of Class A common stock to satisfy withholding taxes due in connection with the vesting of one-third of (1) the shares of Class A common stock underlying an award of restricted stock units previously granted to the reporting person. Such shares had a market value of \$10.88 per share, the closing price of the Class A common stock on November 2, 2018, the trading date immediately preceding the vesting date
- (2) Consists of the remaining previously disclosed restricted stock units that remain subject to time-based vesting criteria.

#### Remarks:

Executive Vice President, Chief Administrative Officer and Assistant Secretary

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.