FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		1								
1. Name and Address of Reporting Pe BODNER LARRY E	2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last) (First) C/O HOSTESS BRANDS, INO ARMOUR BOULEVARD	(Middle) C., 1 EAST	3. Date of Earliest Transaction (Month/Day/Year) 08/14/2018				Officer (give title below)	Other (specify b	below)		
(Street) KANSAS CITY, MO 64111	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	Execution Date, if any	Code (Instr. 8)	ction	(A) or D	A. Securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5)		Reported Transaction(s) Form:		7. Nature of Indirect Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	
Class A Common Stock, par value \$0.0001 per share	08/14/2018		Р		10,000	А	\$ 11.93	26,609	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)													
1. Title of	2. Conversion		3A. Deemed Execution Date, if	4. Transaction	5.	mhor	6. Date Exer and Expirati		7. Tit Amou		8. Price of Derivative	9. Number of	10. Ownership	11. Nature
						mber							*	
		(Month/Day/Year)	•	Code	of		(Month/Day	/Year)			2			Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Der	rivative			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				Sec	urities			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				Ac	quired			4)			Following	Direct (D)	
					(A)	or						Reported	or Indirect	
					Dis	posed						Transaction(s)	(I)	
					of (D)						(Instr. 4)	(Instr. 4)	
					(In	str. 3,						Î.	Ŷ,	
					4, a	ind 5)								
										Amount				
							Data	Dumination		or				
								Expiration	Title	Number				
							Exercisable	Date		of				
				Code V	(A) (D)				Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BODNER LARRY E C/O HOSTESS BRANDS, INC. 1 EAST ARMOUR BOULEVARD KANSAS CITY, MO 64111	Х						

Signatures

Larry E. Bodner	08/15/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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