FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person * DEFEO NEIL P				2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) C/O HOSTESS BRANDS, INC., 1 EAST ARMOUR BOULEVARD				3. Date of Earliest Transaction (Month/Day/Year) 06/07/2018							Office	er (give title belo	ow)	Other (specify	pelow)	
(Street) KANSAS CITY, MO 64111				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City		(State)	(Zip)	(Zip) Table I - Non-Derivative Securities Acquired, Disp						ired, Disp	osed of, or I	Beneficially	Owned			
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	any	ecution Date, if	(Instr. 8)		4. Securities Acqu (A) or Disposed or (Instr. 3, 4 and 5)		f (D) Beneficia Reported		nt of Securities ally Owned Following I Transaction(s)		Ownership Form:	Beneficial	
				(Month/Da	iy/ Y eai		ode	V Am	ount	(A) or (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
	Class A Common Stock, par value \$0.0001 per share (1)		06/07/2018			A		7,1	27	27 A \$		33,609)		D	
			Table II - I				quire	containe the form d, Dispos	d in disp ed of	this forr plays a c	m are currer	not requesting ntly valid	ction of inf uired to res OMB cont	spond unle	ss	1474 (9-02)
	1		,	e.g., puts, c	alls, w		ts, opt				T			l .		
Security	2. Conversion or Exercise Price of Derivative Security	*****	Year) Execution Day	te, if Transaction Code Year) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Undo Secu	itle and ount of erlying urities tr. 3 and	Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownersh Form of Derivativ Security: Direct (Dor Indirect)	Beneficia Ownersh (Instr. 4)	
								Date Exercisal		xpiration Date	Title	Amount or Number				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DEFEO NEIL P C/O HOSTESS BRANDS, INC. 1 EAST ARMOUR BOULEVARD KANSAS CITY, MO 64111	X					

Signatures

/s/ Jolyn Sebree, Attorney-in-Fact	06/11/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Consists of a grant of restricted stock units. Each restricted stock unit represents the right to receive one share of Class A Common Stock of Hostess Brands, Inc. (the "Company"). These restricted stock units shall vest upon the first to occur of (i) the Company's 2019 annual stockholders' meeting, (ii) the date that is 15 calendar months following the grant date, (iii) the death or disability of the director, or (iv) a change of control of the Company, in each case, subject to continued service until such vesting date, and shall be settled upon the director's termination of Board service or if earlier, a change of control of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.