

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number: 3235-010					
Estimated average burden					
hours per response					

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)								
1. Name and Address of Reporting Pers Hostess CDM Co-Invest, LLC	Statemer	2. Date of Event Requiring Statement (Month/Day/Year) — 11/04/2016		3. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]				
(Last) (First) (200 GREENWICH AVENUE	Middle) 11/04/2			Issuer	Reporting Person		endment, Date Original hth/Day/Year)	
GREENWICH, CT 06830				(Check all applicable) Director X 10% Owner Officer (give title X Other (specify below) Member of 10% owner group		cify Applicable l	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person	
(City) (State)	(Zip)	Table I - Non-Derivative Securities Beneficially Owned)wned	
1.Title of Security (Instr. 4)		В	Amount of Sec eneficially Own nstr. 4)	ed		4. Nature of Indire (Instr. 5)	ect Beneficial Ownership	
Table II - 1. Title of Derivative Security	no respond to the c form displays a cur Derivative Securities 2. Date Exer	collection rrently val s Beneficia rcisable	of information iid OMB control of the office	n contained in to rol number. , puts, calls, warn mount of Securities	rants, options, cones 4. Conversion	·	es) 6. Nature of Indirect Beneficial	
(Instr. 4)		and Expiration Date Underlying I (Instr. 4)		erivative Security	or Exercise Price of	Form of Derivative	Ownership (Instr. 5)	
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I) (Instr. 5)		
Class B Common Stock	(1)	<u>(1)</u>	Class A Common Stock	27,544,568	\$ <u>(2)</u>	D		
Reporting Owners								
		Relatio	nships					
Reporting Owner Name / Address	100/							

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Hostess CDM Co-Invest, LLC 200 GREENWICH AVENUE GREENWICH, CT 06830		X		Member of 10% owner group	

Signatures

/s/ C. Dean Metropoulos	11/14/2016
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person or its series may exchange shares of Class B Common Stock (together with an equal number of Class B Units of Hostess Holdings, L.P.) for shares of (1) Class A Common Stock of the Issuer, on a one-for-one basis, in accordance with the terms and subject to the restrictions set forth in the Exchange Agreement, dated November 4, 2016, by and between the Issuer, the reporting person and the other parties thereto (the "Exchange Agreement").
- (2) Each share of Class B Common Stock represents the right to receive one share of Class A Common Stock of the Issuer, if exchanged together with one Class B Unit of Hostess Holdings, L.P., in accordance with the terms and subject to the restrictions set forth in the Exchange Agreement described in footnote (1) above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.