### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	e Responses														
1. Name and Address of Reporting Person* Hostess CDM Co-Invest, LLC				2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 200 GREENWICH AVENUE				3. Date of Earliest Transaction (Month/Day/Year) 01/02/2018							Officer (give title below) X Other (specify below)  See Remarks				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person				
GREENWICH, CT 06830 (City) (State) (Zip)				Table I., Non-Darivative Securities Acces						ies Acquir	nired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any		3. Transaction							lowing 6	6. Ownership Form:	7. Nature of Indirect Beneficial		
				(Month/Day	//Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4) Direct (		Indirect	Ownership (Instr. 4)	
Class A C	Common St	ock	01/02/2018			J <u>(1)</u>	3	38,628	A	<u>(1)</u>	38,628		Γ	)	
Class A C	Common St	tock	01/02/2018			S	3	38,628	D :	\$ 15.3005 2)	5 0		Г	)	
							Perso				collection		ation d unless the	SEC	1474 (9-02)
			Table II -	Derivative	Securi	ties Acqui	Perso conta form	ons wh ained ir display	n this fo	rm are no rently val	ot required lid OMB co	to respon	d unless the	SEC	1474 (9-02)
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yea	3A. Deemed Execution Date,	Code	5. Post of lost of los	Arrants, o Number Derivative curities quired (A) Disposed D) Str. 3, 4,	Perso conta form red, Dis ptions, 6. Date and Ex	ons whained in display	n this for ys a cur of, or Bertible secursable	orm are no rently val neficially ( urities)	ot required lid OMB co Owned nd Amount lying s	to respon ntrol num	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	10. Ownersl Form of Derivati Security Direct (I or Indire	11. Nature of Indire Beneficie ve (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, any	4. Transacti	5. No of l Second of l of (Ins	arrants, o Number Derivative curities quired (A) Disposed D) str. 3, 4,	Persocontal form  red, Dispetions,  6. Date and Ex (Month)	sposed of converted Exercise piration n/Day/Y	n this for yes a cur of, or Bestible sectible section in Date (ear)	rm are normalized rentity value of Underities of Underities (Instr. 3 a	ot required lid OMB co Owned nd Amount lying s	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	10. Ownersh Form of Derivati Security Direct (I or Indire	11. Nature of Indire Beneficie ve (Instr. 4)

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Hostess CDM Co-Invest, LLC						
200 GREENWICH AVENUE GREENWICH, CT 06830				See Remarks		

## **Signatures**

/s/ C. Dean Metropoulos	01/04/2018
**Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Pursuant to the Exchange Agreement, dated November 4, 2016, by and between the Issuer, the reporting person and the other parties thereto (the "Exchange Agreement"), each share of (1) Class B Common Stock may be exchanged for one share of Class A Common Stock of the Issuer, if exchanged together with one Class B Unit of Hostess Holdings, L.P. The exchange rights under the Exchange Agreement do not expire.
  - Reflects the weighted average price of sales on January 2, 2018. The shares were sold pursuant to a 10b5-1 trading plan in multiple transactions at prices ranging from \$15.30 to \$15.35, inclusive. The 10b5-1 trading plan was established by C. Dean Metropoulos, the controlling person of the reporting person, on September 14, 2017 to provide for sales of
- (2) shares, from time to time, by entities controlled thereby, within pre-determined price and quantity limits. The reporting person undertakes to provide to Hostess Brands, Inc., any security holder of Hostess Brands, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within such range.

### Remarks:

Member of Director/Officer/10% owner group

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.