### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

4 37															
(Print or Type Responses)  1. Name and Address of Reporting Person * CDM Hostess Class C, LLC				2. Issuer Name and Ticker or Trading Symbol Hostess Brands, Inc. [TWNK]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 200 GREENWICH AVENUE				3. Date of Earliest Transaction (Month/Day/Year) 01/02/2018							Officer (give title below) X Other (specify below)  See Remarks				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
GREENWICH, CT 06830 (City) (State) (Zip)				Table I. Non-Desiration Co., 1971						ing Anguir					
			2A. Deemed 3. Transaction 4. Securities Acquired (A										7. Nature		
(Instr. 3) Date		Date	Execution Date, if any		Code (Instr. 8)	or Dis		Disposed of (D) tr. 3, 4 and 5)		Beneficially Owned Following Reported Transaction(s)		lowing C	wnership orm:	of Indirect Beneficial	
				(Month/Day/	Year)	Code	V	Amoun	(A) or t (D)	Price	(Instr. 3 and 4)		o. (1	Ownersh or Indirect (I) (Instr. 4) (Instr. 4)	
Class A C	Common St	ock	01/02/2018			J(1)		25,752	·		25,752		Г		
Class A C	Common St	ock	01/02/2018			S		25,752	2 D	\$ 15.3005	15 0		Г	)	
			on class of securities	beneficially (	owned	directly o	Pers	ons wl			collection			SEC	1474 (9-02)
				Derivative S		-	Pers cont form	sons wi tained i n displa	n this fo	orm are no rrently val	ot required lid OMB co	to respon	d unless the	SEC :	1474 (9-02)
	2. Conversion or Exercise Price of Derivative Security	3. Transaction	Table II -  3A. Deemed Execution Date,	Derivative S (e.g., puts, ca 4. Transactio Code	5. Non of I Secont I	ties Acquirarrants, o Number Derivative urities quired (A) Disposed D) str. 3, 4,	Pers cont form red, Di ptions 6. Dat and Ex	sons what is a displaying the second	of, or Be tible secuisable	orm are no rently val neficially ( urities)	ot required lid OMB co Owned and Amount lying	to respon ntrol num	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	10. Ownersh Form of Derivati Security Direct (I or Indire	11. Nature of Indires Benefici Owners! (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	3. Transaction Date	Table II -  3A. Deemed Execution Date, any	Derivative S (e.g., puts, ca 4. Transactio Code (Instr. 8)	5. Non of I Second or I of (Institute of Institute of Ins	ties Acquii arrants, o Number Derivative urities quired (A) Disposed D) str. 3, 4,	Pers cont form red, Diptions, 6. Dat and Ex (Mont	sons what in displating the converted of	of, or Bertible section Date Year)	rently valuation of Underities) 7. Title and of Underities (Instr. 3 a	ot required lid OMB co Owned and Amount lying	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	10. Ownersh Form of Derivatir Security Direct (I or Indire	11. Nature of Indires Benefici Owners! (Instr. 4)

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
CDM Hostess Class C, LLC 200 GREENWICH AVENUE GREENWICH, CT 06830				See Remarks		

## **Signatures**

/s/ C. Dean Metropoulos	01/04/2018
**Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Pursuant to the Exchange Agreement, dated November 4, 2016, by and between the Issuer, the reporting person and the other parties thereto (the "Exchange Agreement"), each share of (1) Class B Common Stock may be exchanged for one share of Class A Common Stock of the Issuer, if exchanged together with one Class B Unit of Hostess Holdings, L.P. The exchange rights under the Exchange Agreement do not expire.
  - Reflects the weighted average price of sales on January 2, 2018. The shares were sold pursuant to a 10b5-1 trading plan in multiple transactions at prices ranging from \$15.30 to \$15.35, inclusive. The 10b5-1 trading plan was established by C. Dean Metropoulos, the controlling person of the reporting person, on September 14, 2017 to provide for sales of
- (2) shares, from time to time, by entities controlled thereby, within pre-determined price and quantity limits. The reporting person undertakes to provide to Hostess Brands, Inc., any security holder of Hostess Brands, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within such range.

### Remarks:

Member of Director/Officer/10% owner group

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.